



# THE CLEAN HALF – 2009

## Stanley Main Beach to Deep Water Bay – Hong Kong Island

Support craft will be provided. Team categories; Men's, Women's, Mixed (at least 2 women). A "Carbon Neutral" category also exists, where teams use a 6-man outrigger canoe as a support craft (all of the other boats will be speed boats, meaning the rest of the team will need to paddle when not swimming. A steersperson will be provided per team. Please check here if interested in this category \_\_\_\_\_.

If you provide your own boat, the Entry Fee per team is HK\$2,000.

### REGISTRATION FORM

15km Ocean Swim Team Relay, October 10, 2009

Registration Starts at 10:00am

Race Starts at 11:00am

TEAM NAME (5 Swimmers Per Team): \_\_\_\_\_

SWIMMER NAMES \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

NAME/TELEPHONE OF TEAM CAPTAIN: \_\_\_\_\_

TEAM CAPTAIN EMAIL: \_\_\_\_\_

CATEGORY:           MEN'S/WOMEN'S/MIXED

Today's Date:           \_\_\_\_\_

Fee: HK\$ 4,000 per team before Sept. 26, 2009

HK\$ 5,000 per team after Sept. 26, 2009

HK\$ 1,800 for solo swimmers (includes support paddler)

Team Captain Signature: \_\_\_\_\_

Mail cheques to: Payable to: "Douglas Woodring" - The Clean Half, 19A2 Fortune Gardens, 11 Seymour Road, Midlevels, Hong Kong. Please write your name, email, and tel number on the back of the cheque.

- For Foreign Teams, please contact [dougwoodring@hotmail.com](mailto:dougwoodring@hotmail.com) for payment information.